

PRECIOUS BLESSINGS

Place of Safety



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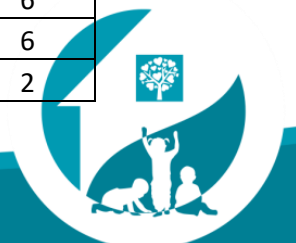
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Registered Nursery under the
management of The Rock Place of Safety

Precious Blessings Grocery List

<u>Item</u>	<u>Brand</u>	<u>Quantity</u>
Breakfast Cereals:		
Baby Porridge	Cerelac Regular	2
Baby Porridge	Nestum Multi Grain	2
Corn Flakes 1kg	Kelloggs	3
Kreemy Meel 1kg	Bokomo	1
Maltabela 1kg	Bokomo	1
Pronutro Chocolate	Bokomo	3
Pronutro Original	Bokomo	3
Pronutro Toddler Vanilla	Bokomo	3
Weet-Bix 900g	Bokomo	3
Dried Food products		
Spaghetti	Fattis Monis 1kg	2
Macaroni	Fattis Monis 1kg	2
Linguine	Fattis Monis 500gr	4
Rice (White) - 1kg	Tastic	2
Sugar - 5 kg	Any	2
Coffee (Heidi George)(not decaf)	Jacobs Kronung	2
Coffee (staff, volunteers) 750g	Frisco/Koffiehuis	2
Rooibos Tea 100 bags	Any	1
English / Ordinary Tea 100 bags	Any	1
Wheat Cake / All purpose Flour - 5kg	Any	1
Spices: Salt, Peppercorns, Garlic Salt - refill packets	Any	1
Tinned / Bottled items		
Cream Corn / Sweetcorn tins 410g	Any	6
Whole corn tins 410g	Any	6
Tuna: Light meat shredded in salt water 170g	Any	24
Chakalaka Mild 400g	Any	2
Braai Relish 410g	Any	2
Peaches (in syrup) 410g	Any	6
Tomato Sauce 700ml	All Gold	6
Mayonaise 750g	Crosse Blackwell	2



Sweet Chilli sauce 700ml	Wellingtons	2
Golden Syrup (original) 1kg	Any	2
Peanut Butter Crunchy 400g	Yum Yum	2
Cheese Spread Sweetmilk	Melrose	4
Mixed Berry Concentrate 1 l	Any	2
Orange Squash 5l	Oros	1
Long Life Milk Full Cream (6 packs)	Any	10 packs
Cooking Oil - sunflower oil	Sunfoil	5 litre
Biscuits - assorted for school, Boudior for babies	Any	6
<u>Fridge / Frozen items</u>		
Mixed vegetables 1kg	Any	2
Peas and Corn 1kg	Any	3
Corn 1kg	Any	3
Oven Chips 1kg	Any	6
Fish Fingers 32 portions	Any	6
Golden Smackeroos 40 portions	I & J	6
Batter Dipt Fish / Fish Friday	Sea Harvest	6
Processed Cheese Slices 810g / 54 slices Cheddar or Gouda	Clover	2 each
Cheese Gouda 1kg	Any	2
Cheese Cheddar 1 kg	Any	2
Margarine for baking 1kg	Wooden spoon	2
Margarine for spreading 1kg tubs	Flora / Rama	2
Butter Spread 500g	Stork / Butro	4
Yoghurt - trays of 6	Any - smooth	20
<u>Meat</u>		
Mince - Lean beef 2kg		4
Pork strips - stir fry 1kg		2
Beef strips - stir fry 1kg		2
Beef cubes - goulash 2kg		2
Chicken pieces - mixed breast, drumsticks, thighs 18 pieces		2
<u>Fresh produce weekly</u>		
Potatoes	-	
Tomatoes		
Lettuce		
Onion		
Fruit - apples, bananas, in season		



Precious Blessings Toiletry Cleaning list

<u>Item</u>	<u>Brand</u>	<u>Quantity</u>
Baby Bum cream	Bennetts - tub	4
Baby shampoo	Johnson & Johnson for African Hair	6
Baby wash	Johnson & Johnson Top to Toe	6
Bath soap bars	Protex / Sunlight	12 bars
Bleach for cleaning	Domestos / Thick Jik	2
Bleach for clothes	Jik	2 litre
Body cream (boys, Kaygee)	Nivea Cocoa butter	3
Conditioner	Pure Hair Conditioner	1
Conditioner	Organics	3
Cotton Wool	Dove pads	1
Dental Floss (1 packet per person)	Any	12
Deodarant - men	Shield	6
Deodarant - woman	Shield	6
Dishwash liquid	Sunlight	5 litre
Dishwash sponges / scourers (12 in pack)	Any	1 pack
Dishwasher tablets / powder	Finish / Crystal	3 packets
Ear Buds	Dove	1
Emulsifying Ointment B.P.	Brunel / Reitzer - tub 500g	1
Floor cleaner for tiles	Any	5 litre
Furniture Multi Surface Spray	Mr Min / Mr Sheen	1
Furniture Wood Polish Sandalwood	Cobra Touch	1
General Cream Cleaner	Handy Andy	5 litre
Liquid Hand Soap	Any	5 litre
Mouthwash (zero alcohol)	Listerine/Colgate	3
Nappies	Huggies 4,5,6	4 packs each size
Nappy bin liners (3 in a pack)	Tomme Tippee Sangenic	4 packs
Oven Cleaner	Zeb	1
Paper Towels	Any	12 rolls
Refuse black bags	Jiffie / Garbie	60 bags
Sanitary pads	Always Ultra / Always Ultra Thin / Kotex	10
Shampoo - normal	Head & Shoulders	2
Shampoo - normal	Organics	3
Shampoo - sulphate free	Pure Shampoo Every Day	1
Shaving Blades for men	Gillette Fusion 5	1
Shaving Blades for women	Gillette Venus for women	1
Shoe polish	Nugget Black	1
Tissues	Any 2 ply	4 boxes
Toilet cleaner	Toilet Duck	4
Toilet paper	Any 2 ply	96 rolls
Toothpaste	Colgate / Aquafresh	12
Washing Power for top loader	Omo / Sunlight	30 kg
Wet wipes	Huggies / Pampers / Cherubs	20 packs

